

**EARLY CHILDHOOD TEACHING: Easing Stress, Increasing Engagement**  
Your guide to professional, personal, classroom, & child management strategies.



**Must-Have Resources Guide Challenging-Behavior Management**  
Session IV

**Brought to you by:**



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**Our presenter**



**Toni Cacace-Beshears**  
SFL Treasurer and Board member  
Retired CEO, Children's Harbor  
Adjunct Professor Tidewater  
Community College

**Today's Objectives**

ACQUIRE	LEARN	IDENTIFY
Acquire trending resources to support challenging -behavior management in early childhood classrooms.	Learn new intervention strategies for the classrooms.	Identify resources best suited for specific circumstances in your classrooms to promote positive behavior.



Developing guidance and intervention strategies can be complex.

There is no one-size-fits-all approach.

Guidance and management of challenging behaviors is one of the most sought-after topics in early childhood education.

**TOPICS** covered by session resources:

- 1 Age and stage appropriate behavior.
- 2 What are challenging behaviors?
- 3 What is social emotional development and school readiness?
- 4 Information "bridging the gap between research and practice".

## TOPICS covered by session resources:

- 5 Resources about evidence-based instructional and behavioral practices to support the education of all students, particularly struggling learners and those with disabilities.
- 6 Developmentally appropriate tools that foster resilience, social-emotional competence, and healthy habits.
- 7 Practical strategies for encouraging prosocial behavior, conflict resolution and problem solving. Emphasize basic skills and techniques in child guidance.



**naeyc**<sup>®</sup>  
National Association for the  
Education of Young Children

**Jerilyn Gamble**  
Marketing Manager

**naeyc** National Association for the Education of Young Children

A professional membership organization.

Serving and acting on behalf of all children birth through age 8.

Connecting early childhood..

**PRACTICE  
POLICY  
RESEARCH**



**Largest non-profit in the U.S. representing:**

- Early Childhood Educators
- Paraeducators
- Center Directors
- Trainers
- Families of young children
- Policy makers
- Advocates
- College Educators
- Students

**naeyc** **RESOURCES** and Features

**MEMBER BENEFITS**

- Young Children Journal
- Teaching Young Children Magazine
- Hello—online community
- Books & Professional Development
- Insurance and Retail Discounts

**RESOURCES FOR PURCHASE**

- Books
- Professional Development

**FREE RESOURCES**

- Accredited Program Search
- For Families
- Webinars
- Digital Content

**naeyc** National Association for the Education of Young Children

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**hello**  
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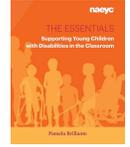
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**Welcome to Hello!**

HELLO is the platform for NAEYC's Interest Forums and online communities. Members can use this space to have conversations and create connections with peers around important early learning issues.

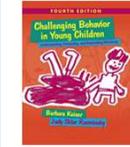
**naeyc** **BOOKS** and Publications



**The Essentials: Supporting Young Children with Disabilities in the Classroom**  
Pamela Brillante  
This book highlights how teaching children with disabilities alongside their peers helps ensure that they meet their potential.



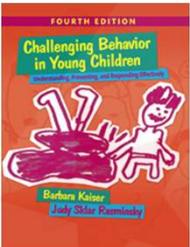
**Spotlight on Young Children Observation and Assessment**  
Holly Bohart & Rossella Procopio  
This resource explores ways to integrate documentation, observation, and assessment into the daily routine.



**Challenging Behavior in Young Children**  
Barbara Kaiser & Judy S. Raminsky  
This book provides practical tips for preventing challenging behavior



**Barbara Kaiser**  
Co-author



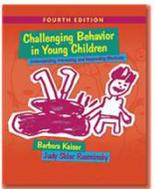
## Challenging Behavior in Young Children

**Understanding, Preventing, and Responding Effectively**

Fourth Edition  
by **Barbara Kaiser and Judy Sklar Rasminsky**  
Foreword by Marliou Hyson

Now available! The fourth edition of *Challenging Behavior in Young Children*, the indispensable guide to addressing challenging behavior.

Pearson, 2016, 368 pages; ISBN-10: 0134289976; ISBN-13: 978-0134289977



## Challenging Behavior in Young Children

Providing support and understanding to teachers and families when there is a child with challenging behavior at the center.



**KEYNOTES**

- 1** *Where Is the Fairy Dust?*
- 2** *Opening the Culture Door*
- 3** *That's Not Fair!*
- 4** *Beyond Survival: Building Your Resilience*

## Challenging Behavior in Young Children

**Keynote and workshop descriptions (1½–3 hours)**

- I Didn't Mean to Ruin Your Day
- Prevention Is the Best Intervention
- "Nothing I Do Works!" Understanding, Preventing, and Responding Effectively to Challenging Behavior
- Opening the Culture Door
- Time-Out for Time-Out!
- Beyond Survival: Building Your Resilience
- Bullying Behavior: What You Need to Know and What You Can Do about It Parents as Partners
- Challenging Behavior: The Director's Role
- Can't Help Loving Them, but ... Why Is My Child Behaving This Way? A Parent Workshop (a workshop/keynote for parents of children with challenging behavior)
- Differentiated Instruction
- WEVAS: Working Effectively with Violent and Aggressive States (3-hour workshop)
- Building Positive Connections



**Marsha Goodman**  
Early Childhood Educational Consultant



Center on the Social and Emotional Foundations for Early Learning



Center on the Social and Emotional Foundations for Early Learning



**CSEFEL** is focused on promoting the social emotional development and school readiness of young children birth to age 5. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country.

Center on the Social and Emotional Foundations for Early Learning

The Pyramid Model for Supporting Social Emotional Competence in Infants and Young Children. We have developed extensive, user-friendly training materials, videos, and print resources which are available directly from this website to help early care, health and education providers implement this model.

The Pyramid Model consists of five levels:

- Effective Workforce:** Systems to ensure professional staff are prepared to support children's social and emotional development.
- Nurturing and Responsive Relationships:** High quality relationships between adults and children that support children's social and emotional development.
- High Quality Supportive Environments:** High quality settings that provide a safe and healthy environment for children's social and emotional development.
- Targeted Social Emotional Supports:** Systematic approaches to support children's social and emotional development.
- Intensive Intervention:** Systematic approaches to support children's social and emotional development for children with significant delays.

Center on the Social and Emotional Foundations for Early Learning

**RESOURCES BY TYPE:**

- Chat Sessions
- Decision Making Guidelines
- En Español
- Family Tools
- Research Syntheses
- Practical Strategies
- State Planning
- Training Kits
- Training Modules
  - Infant/Toddler
  - PreSchool
  - Pre-K Parent Modules
  - Infant/Toddler Parent Modules
- Videos
- *What Works* Briefs

Center on the Social and Emotional Foundations for Early Learning

<http://csefel.vanderbilt.edu/resources/strategies.html>

**Zero to Three**  
Early connections last a lifetime

**MISSION and Vision**

Our mission is to ensure that all babies and toddlers have a strong start in life. At ZERO TO THREE, we envision a society that has the knowledge and will to support all infants and toddlers in reaching their full potential.

During the first three years of life, emotionally nourishing relationships lay the foundation for lifelong health and well-being. By supporting the caring adults who touch the lives of infants and toddlers, we hope to maximize our long-term impact in ensuring all infants and toddlers have a bright future. With your continued support, together we can bring a "spark" and encourage "bright connections" for all infants, toddlers and their families.

**ZERO TO THREE**  
Early connections last a lifetime

**ZERO TO THREE**  
Early connections last a lifetime

About Us | Explore Our Topics | Find Resources & Services | Support Our Work

**Early Development & Well-Being**

The first three years of life are a period of incredible growth in all areas of a baby's development. Learn how the earliest relationships with caregivers can promote healthy brain development, how young children build social and emotional skills, and ways you can support language and literacy development starting from birth.

## EARLY DEVELOPMENT and Well-Being

Ages and Stages	Brain Development	Challenging Behaviors	Developmental Screening and Assessment
Early Intervention	Health and Nutrition	Infant and Early Childhood Mental Health	Sleep
Social and Emotional Development	Temperament	Trauma and Stress	

## BOOKS and Publications



**ZTT Membership**  
Monthly Virtual Events, The Journal, Member Discounts in the Bookstore and discounted Online Learning Courses.



**Critical Connections**  
A parent engagement tool for infant-toddler educators. SE-3 focuses on supporting emotional expression and regulation.



**Behavior Has Meanings**  
A 3-step approach to understand and manage behaviors effectively. Includes 10 bilingual (English and Spanish) wheels.



**Sue Geller**  
President & Founder  
Wingspan, LLC



**Wingspan**  
Strengthening Children's Skills For Life



### About Wingspan

- Foster social-emotional competence in children 3-8 year olds.
- Practical, easy-to-use, research-based approaches and materials.
- Enhance adults' abilities to support children's positive development

### Al's Pals: Kids Making Healthy Choices

- For early childhood classrooms
- Comprehensive curriculum to build social-emotional skills and healthy decision-making
- Teacher training
- Nationally recognized
- Evidence-based




### Tools and Strategies to Build Children's Skills to

- Express feelings appropriately
- Relate to others in positive ways
- Use self-control
- Accept differences
- Think flexibly
- Solve problems peacefully
- Make safe and healthy choices
- Cope



### What Helps Children Use Feeling Words?

- Visible reminders
- Adults who notice, ask about, listen, and validate
- Learning a variety of words – Games (Feelings Charades, Make that Face, and more.....)
- Role Model

## Happy & Sad




**Self-Regulations Strategies**

- Calm down
- A quiet place
- Stop and think!




**CALM DOWN STEPS**

1. Take three deep breaths.
2. Count to five slowly.
3. Say "calm down" to yourself.

**AcornDreams®**  
Growing Children's Skills For Life

**Wingspan®**  
Strengthening Children's Skills For Life

- **Blogs** (being present, calming down, cooperation)
- **Free printables** (use words to express anger, manage temper tantrums)
- **Practical tips**
- **Store items, including:**
  - Calm down & problem solving packages
  - Healthy AI, Healthy Me program
  - Stickers
  - Music

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**WestEd**  
WestEd.org

**WestEd**

Improving learning, healthy development, and equity in schools and communities.

**MISSION**  
WestEd — a nonpartisan, nonprofit research, development, and service agency — works with education and other communities throughout the United States and abroad to promote excellence, achieve equity, and improve learning for children, youth, and adults.

**HISTORY**  
In 2016, WestEd celebrated 50 years of improving learning and healthy development at all stages of life. WestEd was formed in 1995 when two of the original federal educational laboratories funded by Congress in 1966 merged.

**WestEd**

**Early Childhood Development & Learning**

Because healthy development in the early years pays dividends throughout life, WestEd strives to ensure that families and early educators have the capacity to provide young children a safe, healthy, emotionally secure, and intellectually rich start.

We engage in research to guide our development of resources and tools and provide professional development and technical assistance services for early childhood programs and systems, including early intervention, early childhood mental health, and education quality initiatives.

**WestEd**

**Early Childhood Development & Learning**  
PROFESSIONAL DEVELOPMENT

**Trauma-Informed Practices in Early Childhood (TIP-EC)**

Learn about trauma and its impact on young children's learning and development. Understand how to use strategies that are sensitive to children who may have experienced trauma and that support the health, healing, resilience, and well-being of these children.

**pitc** THE PROGRAM FOR INFANT/TODDLER CARE

**Good infant care is neither baby-sitting nor preschool. It is a special kind of care that resembles no other.**

PITC is a comprehensive training system that promotes responsive, caring relationships for infants and toddlers and employs evidence-based training materials and strategies for the early education field.

**pitc** Developed collaboratively by WestEd and the California DOE

- 1 Trainer Institutes
- 2 Home Visiting Institutes
- 3 Infant/Toddler Program Director Academies
- 4 Webinars
- 5 Training & Coaching for Teachers (online/onsite)

**IRIS CENTER™**

The IRIS Center - Vanderbilt University's Peabody College

Serving: Higher Education Faculty • PD Providers • Practicing Educators

The IRIS Center creates high-quality, online open educational resources (OERs) about evidence-based instructional and behavioral practices to help improve the education outcomes of all students, especially struggling learners and those with disabilities.

**IRIS CENTER™**

**IRIS resources:**

- Modules, Case Studies, Activities, Video Vignettes
- Evidence-Based Practice Summaries
- High-Leverage Practices
- Lists of Films and Books that portray people with disabilities
- Sample syllabi, curriculum matrices, and more.
- Sample PD activities, planning forms, and more

The IRIS Center - Vanderbilt University's Peabody College

**4 Distinct Professional Development Options:**

1. **FREE Open-access Website** - materials about evidence-based instructional and behavioral practices. These are all freely available on our Website.
2. **Free-Based PD Certificates for Teachers** - earn self-paced
3. **School & District Platform** - can assign and track teacher progress
4. **IRIS Micro-credentials** - earn digital badges

**IRIS CENTER™**

**Resource Topic Areas:**

- Accommodations
- Assessment
- Assistive Technology
- Behavior & Classroom Management
- Collaboration
- Content Instruction
- Differentiated Instruction
- Disability
- Diversity
- Early Intervention/Early Childhood
- Juvenile Corrections
- Learning Strategies
- Mathematics
- MTSS/RTI
- Reading Literacy & Language Arts
- Related Services
- School Improvement
- Transition

The IRIS Center - Vanderbilt University's Peabody College

**MODULES**

Behavior Management - Even under ideal circumstances, teachers often encounter students with challenging behaviors. Learning how to manage these behaviors is critical to creating a classroom environment where all students can succeed.

<b>Early Childhood Behavior Management:</b> Developing and Teaching Rules	<b>Classroom Management (Part 1):</b> Learning the Components of a Comprehensive Behavior Management	<b>Classroom Management (Part 2):</b> Developing Your Own Comprehensive Behavior Management Plan	<b>Addressing Disruptive and Noncompliant Behaviors (Part 1):</b> Understanding the Acting-Out Cycle
<b>Addressing Disruptive and Noncompliant Behaviors (Part 2):</b> Behavioral Interventions	<b>Functional Behavioral Assessment:</b> Identifying the Reasons for Problem Behavior and Developing a Behavior Plan	<b>SOS:</b> Helping Students Become Independent Learners	<b>Youth with Disabilities in Juvenile Corrections (Part 1):</b> Improving Instruction
<b>Evidence-Based Practices (Part 1):</b> Identifying and Selecting a Practice or Program	<b>Evidence-Based Practices (Part 2):</b> Implementing a Practice or Program with Fidelity	<b>Evidence-Based Practices (Part 3):</b> Evaluating Learner Outcomes and Fidelity	

Virginia's Community College System (VCCS)

**CHD 205 - Guiding the Behavior of Children**

Explores the role of the early childhood educator in supporting emotional and social development of children, and in fostering a sense of community. Presents practical strategies for encouraging prosocial behavior, conflict resolution and problem solving. Emphasizes basic skills and techniques in child guidance.

**Virginia's Community Colleges**

**Virginia's Community College System (VCCS)**

**CHD 205 - Guiding the Behavior of Children**

**Course Learning Outcomes:**

<b>DEMONSTRATE</b> strategies that promote prosocial development in children.	<b>DESCRIBE</b> the developmental characteristics of the whole child: physical, cognitive, social, emotional, and language	<b>DESIGN</b> and implement observation and planning strategies for supporting children's social development.	<b>IDENTIFY</b> the differing needs of children in their various developmental stages as related to behavior.
<b>IDENTIFY</b> the characteristics of abused children and abusive adults.	<b>ANALYZE</b> the impact of individual, family, and community influences in guiding children's behavior.	<b>IDENTIFY</b> and implement strategies for recognizing and mitigating the manifestations of stress in children.	<b>SELECT</b> strategies to assist and support parents of children with exceptional needs.
	<b>IDENTIFY</b> and apply learning standards as they relate to child guidance and early childhood education.		

**TOPICS** covered in CHD 205 - Guiding the Behavior of Children:

- 1 Direct and indirect methods for guiding child behavior ▶
- 2 Techniques for enhancing self-esteem and self-control in young children ▶
- 3 Knowledge and practice of professional standards of conduct ▶
- 4 Sources of information regarding developmental assessment and referral for children with special needs ▶
- 5 Community resources for supporting children and families ▶

**FUNDING Ideas:**

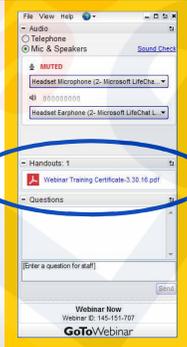
- 1 Grants writing to a local funder. Presenting information on the changes in staff support of children based on the training. ▶
- 2 Collaborate with a local or state training organization (such as your local AEYC, or Child Care Aware group), to have them bring the speaker into the area, to help cover cost. ▶
- 3 Collaborate with other local early learning facilities to offer the training locally. ▶
- 4 For college courses there are scholarships available in Virginia through the Department of Social Services and Pathways Scholarships. ▶
- 5 Research to see if there is any of the training in your area. CSEFEL is being presented around the state at various locations. ▶

**Resources**

1. NAEYC - <https://www.naeyc.org/>
2. CSEFEL - <http://csefel.vanderbilt.edu/>
3. Zero to Three - <https://www.zerotothree.org/>
4. West Ed - <https://www.wested.org/>
5. Challenging Behavior in Young Children - <http://www.challengingbehavior.com>
6. IRIS - <https://iris.peabody.vanderbilt.edu/>
7. IRIS Resource Locator - <https://iris.peabody.vanderbilt.edu/resources/iris-resource-locator/>
8. Al's Pals - <http://wingspanworks.com/> | <http://www.AcornDreams.com>
9. TCC - <http://tcc.edu/>
10. PITC - [https://www.pitc.org/pub/pitc\\_docs/home.csp](https://www.pitc.org/pub/pitc_docs/home.csp)

**CERTIFICATE of Participation**

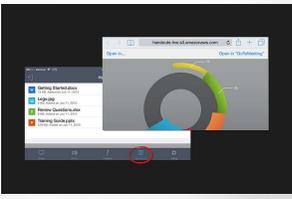
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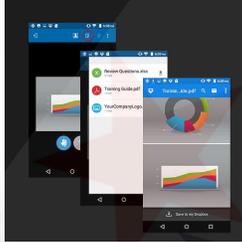
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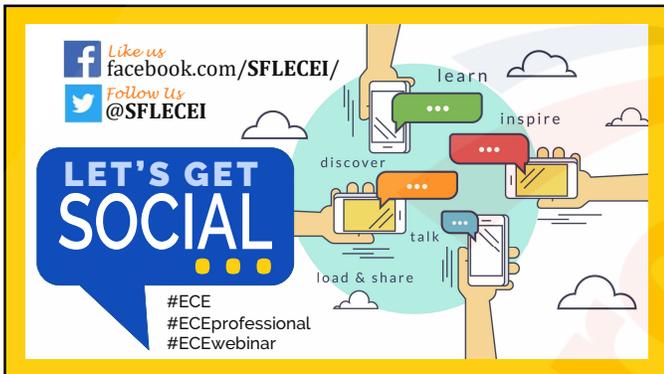
## NEXT webinar

**EARLY CHILDHOOD TEACHING: Easing Stress, Increasing Engagement**

Fall Series Begins  
September 2019

Check out the details on  
[www.sourceforlearning.org/ecei](http://www.sourceforlearning.org/ecei)

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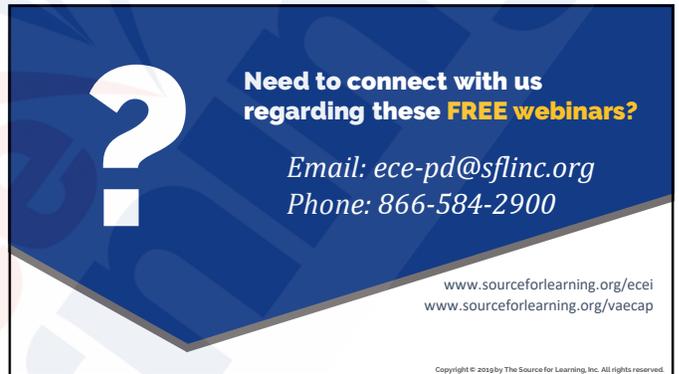


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